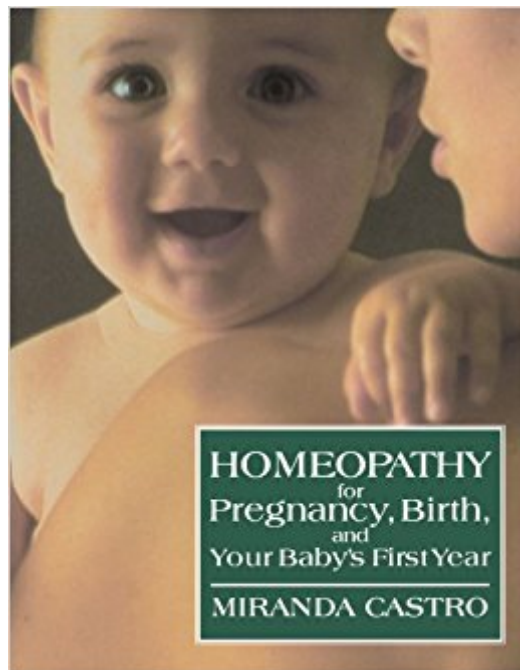




**Ebook Directory**  
the best source of ebook

The book was found

# Homeopathy For Pregnancy, Birth, And Your Baby's First Year



## Synopsis

No period in a woman's life is as filled with special concerns as pregnancy and new motherhood. Among the many discomforts and ailments treatable with the homeopathic remedies explained in this book are: For the mother: anemia, back pain, breastfeeding problems, constipation, exhaustion, hemorrhoids, insomnia, morning sickness, post-partum depression, sinusitis, varicose veins, yeast infections For the baby: breathing difficulties, chicken pox, constipation, cough, diaper rash, diarrhea, ear infection, hiccups, mumps, sleep problems, teething pains, vomiting In Homeopathy for Pregnancy, Birth, and Your Baby's First Year, practicing homeopath, Mirando Castro introduces readers to the many safe, effective, inexpensive, and nonmedical remedies that homeopathy has to offer women in this very important period. With reassuring, easy-to-read text, the book explains the principles of homeopathy and tells readers how to select the remedies that correlate to hundreds of common symptoms of physical and emotional distress. The book also offers natural ways to make labor and birth as relaxed as possible, using homeopathic methods. Complete with case histories, materia medica, and supportive and helpful tips throughout, this guidebook offers a wealth of natural-health information every expectant mother should consider.

## Book Information

Paperback: 336 pages

Publisher: St. Martin's Griffin; Us ed. edition (April 15, 1993)

Language: English

ISBN-10: 0312088094

ISBN-13: 978-0312088095

Product Dimensions: 7 x 10.1 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 106 customer reviews

Best Sellers Rank: #162,392 in Books (See Top 100 in Books) #52 in [Books > Health, Fitness & Dieting > Alternative Medicine > Homeopathy](#) #329 in [Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#) #367 in [Books > Parenting & Relationships > Family Relationships > Motherhood](#)

## Customer Reviews

Written by a London-based homeopath who is the author of *The Complete Homeopathy Handbook* (LJ 2/1/92) and who specializes in child care, *Homeopathy for Pregnancy, Birth, and Your Baby's First Year* reviews in detail homeopathic concepts, techniques, and remedies that can be applied to

treatable symptoms and complaints experienced by pregnant mothers and infants. While the book focuses on minor conditions that don't require a doctor's attention, such as varicose veins and breastfeeding problems, it is written as a specialized instructional manual that requires the reader either to be familiar with the principles and practice of homeopathy or willing to devote considerable time to its study. For collections where there is a demand for homeopathic books. Information on pregnancy diagnosis, gestation, prenatal care, nutrition, hazards, and pregnancy complications comprises half of *Great Expectations*, a concise encyclopedia suitable for a general audience. The remaining half addresses labor, delivery, birth complications, and tests, as well as recovery and postnatal feelings. In its tone, readability, illustration, and organization, this guide compares with Lanie Carter and Lauren Ostrow's *The Miracle Year* ( LJ 5/1/91). However, readers seeking detailed instructions about infant care and development should consult textbooks by such authors as Penelope Leach, Louise Ames, and William Sears, since this guide provides an overview only.- Kathryn Hammell Carpenter, Univ. of Illinois at Chicago Lib. Copyright 1993 Reed Business Information, Inc.

Miranda Castro introduces readers to the many safe, effective, inexpensive, and nonmedical remedies that homeopathy has to offer women in this very important period. The book explains the principles of homeopathy and tells readers how to select the remedies that correlate to hundreds of common symptoms of physical and emotional distress.

One of the best books I've read so far during my pregnancy. Not only quality as a pregnancy book, I thought it was an excellent introduction to homeopathy overall. I will be hard pressed to even loan this book out when my friends/family members become pregnant...

Absolutely the best! I've bought several copies to send to family and friends. They ALWAYS find exactly what they need and report excellent results. I rely on this most excellent advise which has helped get me two beautiful grandsons into the world.

love it

Very comprehensive and easy for beginners to understand. I only wish more people would get into homeopathy as it is a much safer approach to herbal medicine for pregnancy, birth, postpartum and infants. I wish people understood the risks of essential oils for this vulnerable population.

I offered this book to many of my pregnant friends. As a new pregnant woman, I needed help and support. When I found this book, I was so reassured. I could really help myself which is a very important skill when in America with at that time no insurance. My birth was incredible. I gave birth naturally to a huge baby, did not rip (use calendula cream as recommended while crowning), was late but used the homeopathic remedies from the book and did not have to get any medication whatsoever. This book is a bible for every woman who wants to empower herself and use natural and efficient remedies. Buy this book in a second. You will do yourself a huge favor. Also check out all the other books that are very helpful for all other troubles. Thank you Miranda, you have been in my life for now nearly 8 years!

Absolutely the most helpful pregnancy/baby book ever. After three kids this book has been my savior through all the trials and challenging circumstances that come with being a parent. Ten years later I still use it as a reference for those tricky coughs, colds or headaches the kids come down with and so easy to follow and apply the homeopathic remedy according to Miranda's guidance, this is a real gem.... Love it!!!!

This is a first class work, every home should have a copy. I have used Homoeopathy for 45 years on scores of children and babies, applying the same science as Miranda so very well explains in her wonderful book, to great success. As a Qualified Homoeopath I fully endorse this book. Homoeopathy is safe and effective, and well used by the Royal family and millions of other satisfied users from around the world. Study the book and use it with confidence and see for your self how effective and safe Homoeopathy can be for you.

Love this book! I am pregnant with my second but wish I had read and had this handy this with my first. So much good info and a helpful guide to keep for you and your baby.

[Download to continue reading...](#)

Homeopathy for Pregnancy, Birth, and Your Baby's First Year Baby Names : Unusual and Surprising baby names with their meanings (FREE BONUS): Baby Names : Baby names 2016 (Baby names, baby names book, baby names ... names and meanings, baby names book free,) Bump to Birthday, Pregnancy & First Year Baby Journal : an award-winning journal / diary to help you hold onto memories of the growing bump, the birth ... first year with your baby Fertility: Get Pregnant Fast Cookbook (Women's Health, Fertility, Homeopathy, Cookbook, Pregnancy, Baby

Health, Healthy Living 1) Baby Names: Baby Names List with 22,000+ Baby Names for Girls, Baby Names for Boys & Most Popular Baby Names 2017 Congratulations On Your Baby Girl: An Adult Coloring Book for Maternity and Motherhood with Inspirational Baby Girl Quotes (Creative and Unique Baby ... to Provide Stress Relief During Pregnancy) Congratulations On Your Baby Boy: An Adult Coloring Book for Maternity and Motherhood with Inspirational Baby Boy Quotes (Creative and Unique Baby ... to Provide Stress Relief During Pregnancy) Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds, 9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) Pregnancy: The Ultimate Survival Guide to Pregnancy and Birth Baby's First Year: Month by Month Guide for Parents: Includes Baby Sleep and Baby Food Editions (Supermom Series Book 6) Hello Baby! Baby Book: A Keepsake Journal for Baby's First Year Twins! 2e: Pregnancy, Birth and the First Year of Life Pregnancy: First Time Moms- Getting Pregnant, Childbirth, and Newborn (first time mom, pregnancy, newborn, childbirth, obstetrics, parenting, motherhood) Buzz, Splash, Zoom, Roar!: 4-book Karen Katz Lift-the-Flap Gift Set: Buzz, Buzz, Baby!; Splish, Splash, Baby!; Zoom, Zoom, Baby!; Roar, Roar, Baby! Baby log book for twins: My Baby's Health Record Keeper, Baby's Eat, Sleep & Poop Journal, Log Book, Activities baby for twins (Volume 3) Your Baby in Pictures: The New Parents' Guide to Photographing Your Baby's First Year Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth Baby 411: Clear Answers and Smart Advice for Your Baby's First Year The Multiple Pregnancy Sourcebook: Pregnancy and the First Days with Twins, Triplets, and More Your Best Pregnancy: The Ultimate Guide to Easing the Aches, Pains, and Uncomfortable Side Effects During Each Stage of Your Pregnancy

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)